



Johanna Fullerton

BSc, MSc, Reg Psychol PsSI, CPsychol BPS, AC Accredited

Johanna is a Business Psychologist and the founder of SEVEN. She is a registered member of the Psychological Society of Ireland and a Chartered Occupational Psychologist with the British Psychological Society. Johanna is also a founder member of the Association for Coaching and is currently a Council member for Ireland. Johanna has also acquired Accredited Coach status from the Association for Coaching - one of three coaches to do so in the Republic of Ireland.

Johanna was previously the Managing Partner of a leading practice of Business Psychologists in Dublin and is the author of a number of publications, including the award winning '*Managing the Mosaic; Diversity in Action*'.

Johanna has over 18 years experience consulting and coaching in a range of organisations. She has worked within the private and public sector and on both a national and international level. Her consulting services extend beyond coaching to include talent management, leadership development, selection and assessment and the management of diversity.

In relation to coaching, Johanna works with her clients in a number of ways. She provides:

- **One to one leadership coaching at a senior level**
- **Transition or career coaching**
- **Team coaching, working with both the leader and their team**
- **Coaching skills development for managers**
- **Diversity coaching.**

Johanna's client list includes Wyeth Biotech, PricewaterhouseCoopers, Sara Lee International, KBCBank, BDO Simpson Xavier, Meteor and the HSE. She was also a member of the Diageo International Coaching Faculty, selected worldwide to work with their senior leaders over a year long development programme. Johanna can provide coaching referees if required.

Johanna is a strong advocate of positive psychology and works with her clients to maximise their fulfilment at work. She will aim to fully understand their leadership ambition and drivers and then together they map the strengths to leverage in order to attain this goal, the potential or skills to develop and the risks they may need to manage along the way. Johanna is qualified to use a range of personality and values profiling tools and will also utilise 360° feedback processes when appropriate. Her coaching approach is solution focused and will be supported with a clear action plan.

Johanna herself actively ensures that her coaching services are of the highest standard. Michael Cavanagh, the Associate Director of the Coaching Psychology Institute in the University of Sydney is her Supervisor and last year she undertook an Executive Coaching Development Programme with the University of Sydney.

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